

**Choice and Preference Toileting Assistance (CAPTA) Course  
Quiz**

Please help us evaluate the CAPTA course by completing this quiz. You may complete the quiz online or fax or email it to Principal Investigator Anna Rahman (fax: 855-793-2226; email: [rahmananna1@gmail.com](mailto:rahmananna1@gmail.com)). Alternatively you can mail the quizzes to Dr. Rahman at 519 Stassi Lane, Santa Monica, CA 90402. If you have any questions, please contact Dr. Rahman at [rahmananna1@gmail.com](mailto:rahmananna1@gmail.com) or (513) 258-4421. Thank you.

**Name:** \_\_\_\_\_ **Nursing Home:** \_\_\_\_\_

*Instructions: Check the best answer.*

**1. Completing a three-day bladder diary for residents is the same as conducting a toileting trial.**

- a. \_\_\_ True
- b. \_\_\_ False

**2. All residents want to use the toilet, so assessing their preference for toileting assistance is unnecessary.**

- a. \_\_\_ True
- b. \_\_\_ False

**3. It is best not to ask residents with dementia if they want to use the toilet because the question will only confuse them.**

- a. \_\_\_ True
- b. \_\_\_ False

**4. Prompted voiding works by:**

- a. \_\_\_ Encouraging residents to ask for toileting assistance.
- b. \_\_\_ Offering toileting assistance every two hours during the daytime.
- c. \_\_\_ Heightening residents' awareness of their continence status.
- d. \_\_\_ All of the above.

**5. A resident's responsiveness to toileting assistance can best be determined based on a:**

- a. \_\_\_ Functional performance test
- b. \_\_\_ Cognitive performance test
- c. \_\_\_ Brief trial of toileting assistance
- d. \_\_\_ Any one of the above tests or trials

**6. Residents who prove responsive to toileting assistance will use the toilet appropriately:**

- a. \_\_\_ Less than a third of the time
- b. \_\_\_ About half the time
- c. \_\_\_ Two-thirds of the time or more frequently
- d. \_\_\_ Always

**7. Toileting trials are not recommended for residents with moderate to severe cognitive impairment because these residents are rarely responsive in such trials.**

- a. \_\_\_\_ True
- b. \_\_\_\_ False

**8. All incontinent residents will become continent if put on a toileting program.**

- a. \_\_\_\_ True
- b. \_\_\_\_ False

**9. Nursing home residents tend to be more responsive to toileting programs offered:**

- a. \_\_\_\_ during daytime hours
- b. \_\_\_\_ during nighttime hours
- c. \_\_\_\_ during both the day and the night

**10. According to federal regulations, managing a resident's incontinence through a check-and-change program:**

- a. \_\_\_\_ is never acceptable; all residents should receive help to the toilet.
- b. \_\_\_\_ is acceptable if a resident's incontinence does not improve or resolve with a toileting trial and the resident has no treatable or reversible causes of incontinence
- c. \_\_\_\_ is acceptable if the resident requests it after being offered other management options
- d. \_\_\_\_ either b and/or c above

**11. What is your position in the nursing home? Please check just one.**

- \_\_\_\_\_ DON/ADON
- \_\_\_\_\_ Nursing Manager or Supervisor
- \_\_\_\_\_ Staff Developer/Director of Education
- \_\_\_\_\_ MDS Coordinator
- \_\_\_\_\_ Administrator or Assistant Administrator
- \_\_\_\_\_ Nurse Aide
- \_\_\_\_\_ Social Worker or Social Services Staff Member
- \_\_\_\_\_ Other; please specify: \_\_\_\_\_

*Thank you for your time and participation!*